



Miami-Dade County Public Schools

School Wellness/Healthy School Team Committee Action Plan

School Name & Location Number:	Christina M. Eve Elementary
Principal:	Lidia M. Gonzalez
Phone Number:	305-383-9392
School Wellness/Healthy School Team Leader:	Katherine de la Calle
School Wellness/Healthy School Team Committee Members: (please provide names for the following)	Lidia M. Gonzalez, Principal Katherine de la Calle, Counselor Jeannie Gonzalez, Media Specialist Lanay Jimenez, Teacher Eunice Rodriguez, Teacher Caesar de la Cruz Munoz, P.E. Teacher Odaysi Vigoa, Food Service Manager Luca de la Calle, Student Yanelin Luis, Parent
Committee Meeting Dates:	August 14, 2023 Faculty Meeting; September 21, 2023 EESAC Meeting;
ACTION PLAN	
School Wellness/Healthy School Team Goal: (Select all that apply)	<input checked="" type="checkbox"/> Nutrition <input checked="" type="checkbox"/> Physical Education <input checked="" type="checkbox"/> Physical Activity <input checked="" type="checkbox"/> Health and Nutrition Literacy <input checked="" type="checkbox"/> Preventive Healthcare
Steps to Achieve School Wellness/Healthy School Team Goal:	Nutrition: - Promote the Free Breakfast Program and good eating habits during morning announcements - Provide healthy meals and snacks to students, faculty and staff through the school cafeteria Physical Education: - Complete the Fitnessgram Testing

	<p>Physical Activity:</p> <ul style="list-style-type: none"> - Students participate in 30 minutes of structured Physical Education class daily - Students participate in 20 minutes of recess daily <p>Health and Nutrition Literacy:</p> <ul style="list-style-type: none"> - Classes participate in the UF Nutrition Program that integrates garden activities with nutrition lessons. <p>Preventive Healthcare:</p> <ul style="list-style-type: none"> - Promote Employee Wellness Program at M-DCPS - Provide parents with resources related to health living
Sustainability Practices:	<ul style="list-style-type: none"> - Continue to monitor and implement School Wellness Policy
Community Engagement:	<ul style="list-style-type: none"> - Promote and extent current partnership with West Kendall Baptist - Increase partnerships with businesses/institutions/organizations in t he area that can provide important health related information to parents, students, staff, and community members
Monitoring and Evaluation:	<ul style="list-style-type: none"> - Committee Meetings - Monitor student participation in clubs and related activities
<p>Other Activities:</p> <p>If applicable, attach supporting documentation (e.g. event flyer)</p>	